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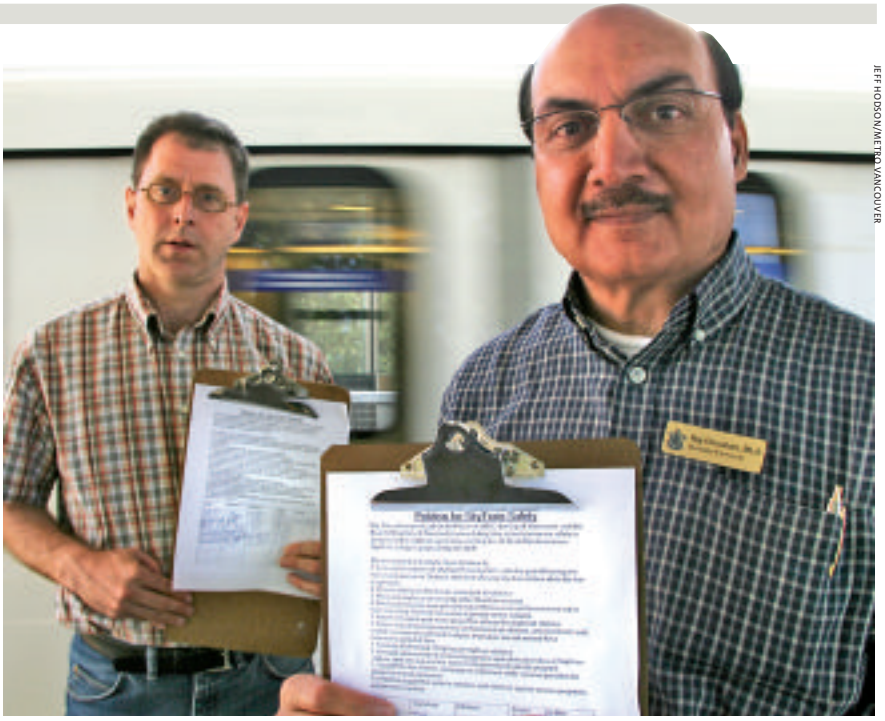

JEFF HODSON/METRO VANCOUVER

New Democrat MLAs Raj Chouhan, right, and Adrian Dix petition SkyTrain riders at Edmonds Station yesterday. The pair is calling for increased security at and around stations.

NDP SkyLink petition misleading: TransLink

JEFF HODSON
jeff.hodson@metronews.ca

A violent groping in East Vancouver has sparked a war of words between provincial New Democrats and TransLink over security.

New Democrat MLAs Raj Chouhan (Burnaby-Edmonds) and Adrian Dix (Vancouver-Kingsway) petitioned transit riders outside Edmonds Station yesterday.

The pair are calling for increased security in and around stations after a 27-year-old Vancouver woman was sexually assaulted Friday night, a block from Nanaimo station.

TransLink, however, said the campaign is disingenuous and gives the public the wrong impression about SkyTrain security because the majority of assaults and robberies do not happen at the stations themselves.

> **"These incidents are occurring quite some distance away from the stations."**
> TransLink's Ken Hardie

At about 8 p.m. Friday, Vancouver police said a 27-year-old was walking in the 2200 Block of Vanness Street, about a block from the Nanaimo SkyTrain station, when a man attacked her and grabbed her breasts. He ran off when a passing motorist stopped to help.

"There should be at least one SkyTrain attendant here at the station at all times for the public to feel safe," said Chouhan, who claims that 10 women have been assaulted outside Edmonds station since January.

"It's important for the public to know that they can use SkyTrain safely and we have to ensure that it is safe."

But TransLink spokesman Ken Hardie said much of what the NDP is proposing does little to solve the problem.

"These incidents are occurring quite some distance away from the stations," Hardie said.

"Therefore, all the personnel, lighting, and cameras in the world will not make the public safer in the areas where the attacks are occurring — on the city streets."

Share your thoughts »
vancouverletters@metronews.ca

Actress sues film producers for choking

LAWSUIT Former Beverly Hills 90210 star Gabrielle Carteris has filed a lawsuit in B.C. Supreme Court alleging a choking scene she filmed in Langley turned too real.

Gabrielle Carteris

Carteris, who played Andrea Zuckerman, said the injuries she sustained on the set of the 2006 made-for-TV film, Past Tense, left her with debilitating facial spasms.

According to *msnbc.com* Carteris is suing the film's producers for placing her in "unreasonable risk of physical harm" and for not properly coaching Vancouver actor Adrian Hughes, who was scripted to choke her at knifepoint.

The producers have denied the allegations. METRO VANCOUVER

Men with guns released after takedown

FIVE WEAPONS Four men were arrested — and then released — after police received a call from a passerby who said two of them had a rifle.

The men then got into a vehicle and drove off, Const. Jana McGuinness said in a release yesterday.

"Police located them moments later and initiated a takedown of the vehicle near Haro and Denman streets," she said.

Another car, which police believed was travelling with the first vehicle was also stopped. Four men were arrested and five long-barreled weapons were confiscated.

The guns turned out to be legally registered and the men were eventually released. Police are holding on to the guns to determine whether they were being transported properly.

METRO VANCOUVER

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Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

Hikers should prepare for snow
Hikers are being warned to prepare for snow while on North Shore mountains. North Shore Rescue said it's had to help eight people this summer, including experienced hikers, who weren't prepared for still-wintry conditions. SOURCE: NEWS1130.COM

Local

Reminder, beachgoers

The hot, dry weather in Vancouver has created a high risk of fire at parks and beaches. The Parks Board says campfires are banned and barbecues must be at least one metre off the ground.
SOURCE: NEWS1130.COM

Lawyer in running

Well-known housing advocate Eby seeks city council nod

JEFF HODSON
jeff.hodson@metronews.ca

A well-known Downtown Eastside housing advocate has his sights set on Vancouver's City Hall — hoping to effect more change from within the system than he did as an outsider looking in.

JEFF HODSON/METRO VANCOUVER

Pivot lawyer David Eby, a well-known Downtown Eastside housing advocate, on Commercial Drive yesterday, is seeking a city council nomination with Vision Vancouver.

Pivot lawyer David Eby, 31, announced Thursday that he would be seeking a city council nomination with Vision Vancouver in November's civic election.

"That was a real struggle for me, deciding whether I would be more effective on the ground or in council," said Eby, at Grandview Park off Commercial Drive yesterday.

"I realized that as much work as we did (reaching out) to the community, going to council and in the media, we weren't getting as far as we should have."

The event that convinced him to run was a proposal by Vision Coun. Tim Stevenson to locate a city office in the Downtown Eastside.

The proposal, Eby said, was whittled down to having a city planner work one day a month out of the Carnegie Centre. In the end, even the reduced proposal was defeated.

"That was incredibly frustrating," Eby said. "The NPA was not interested in input from the community or reaching out to the community. And that's not just the Downtown Eastside, that's all over Vancouver. I really want to be a part of changing that."

Share your thoughts »
vancouverletters@metronews.ca

Layton pledges $206M for transit

KRISTEN THOMPSON
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Federal NDP Leader Jack Layton said yesterday that his party will lobby for an investment of $206 million over four years to improve Vancouver's public transit system.

Speaking at the Waterfront SkyTrain station, Layton outlined details of his party's plan to dedicate one cent a litre of the federal gas tax to transit.

"For Vancouver (that) … would mean $100 million over four years," he said. "Vancouver's share of the transit revenue from our cap-and-trade plan would mean an additional $106 million."

Layton said that money could buy 62 SkyTrain cars or 360 hybrid buses.

"It wouldn't raise the price of transit … and would improve service."

Don Davies, Vancouver Kingsway candidate, said people in his riding are dependent on transit.

"(Many) don't have cars or can't afford to use them with the high price of gas," Layton added. "They have long wait times and people are left worried about getting to work on time. It's just not right."

"(Many) have long wait times, and people are left worried about getting to work on time. It's just not right."
NDP Leader Jack

Wrestlers get week with Olympic champ

ANDREW KING
for Metro Vancouver

A Canadian Olympic champion is sharing his experience and success with up-and-coming athletes in hopes they will achieve glory of their own.

Daniel Igali, the gold medal winner in freestyle wrestling at the 2000 Sydney Games, is back from Nigeria to coach young wrestlers at the University of British Columbia this week.

"I feel so much for these young wrestlers, what they are going through and the dreams they have," said Igali.

The Simon Fraser University criminology graduate student will also be in Beijing next month, working as the technical director and mentor to two young Nigerian wrestlers he has been training.

For the past two years, Igali has been dedicated to improving his wrestling school in his home village of Eniwari, Nigeria.

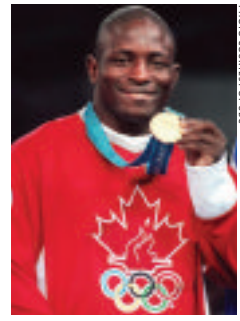


PHOTO COURTESY OF UBC

Daniel Igali shows off the medal he won in Sydney in 2000.

TODAY'S *question*

TransLink is telling passengers to take responsibility for their own safety by not wearing headphones at night. What do you think?

BIANCA DENNISON
24
Vancouver
unemployed
I don't wear both headphones when I am walking alone at night and I constantly look behind me. TransLink should have more safety and security around here, especially if it's late at night.

DEVON DOWLER
21
Vancouver
labourer
It's too bad because people should be able to hop onto a transit system without having to worry about their safety. I say it's more of the city's responsibility … they could have security guards standing later.

MIMA CASSA
18
Vancouver
server
I don't think (the victim) should have the headphones out, but, at the same time, I think there should be safety precautions for everyone since it's a public transportation. That should be their priority.

JOYCE YIP/METRO VANCOUVER

CONTACT US:
E-mail your letters to: vancouverletters@metronews.ca. Metro reserves the right to edit all letters. Please include your name and contact information.

News in brief

ARRESTS Vancouver police have arrested two men who allegedly slammed a car door on a 51-year-old woman's prosthetic leg in a dispute over a disabled parking spot outside a London Drugs in Vancouver's west end. The men, aged 41 and 34, were found after police tracked them down using the identification they used while shopping. The 41-year-old was charged with assault with a weapon.

CHASE Two people have been arrested after leading police and the Coast Guard on a boat chase through Burrard Inlet. It started in Port Moody on Friday night, when bailiffs tried to repossess a speedboat. The driver of the boat took off, smashing into other boats while speeding out of the marina. The Canadian Coast Guard and Vancouver police were called to help. A helicopter eventually spotted the boat and the male driver and his female passenger were apprehended.

MEMORIAL Hundreds of family and friends attended a private memorial in Vancouver to remember B.C. Lions president Bob Ackles who died of a heart attack on July 6, cknw.com reports. The team captains gave Ackles' widow the game ball from their win in Winnipeg on Friday.
METRO NEWS SERVICES

Never fear, more iPhones soon here

ANDREW KING
for Metro Vancouver

The iPhone has come and gone but more are on the way, according to Rogers.

The Apple device was available in Canada for the first time on Friday and sold out quickly, according to Rogers spokesperson Rebecca Catley, who said about 100 people lined up at the store on West Broadway.

"There's product coming into the stores regularly," she said, adding it's available on a first-come, first-serve basis and can't be preordered.

New West resident Dylan Tomlin bought an iPhone at Metrotown on Friday morning, but had to wait until the afternoon to activate it.

"I think I'm one of the lucky ones," he said.

Demand to activate the product crashed Apple's registration system. The iPhone was also released in 22 other countries on Friday.

"There's product coming into the stores regularly."
Rebecca Catley,
Rogers spokesperson

Missing hiker found safe
A hiker whose cellphone battery ran out before rescuers could pinpoint her exact location was finally found safe after 24 hours. The woman was stuck in a steep gully on Crown Mountain. CKNW.COM

'Party atmosphere' at Underwear Affair

$610K raised to battle cancer

KRISTEN THOMPSON
kristen.thompson@metronews.ca

It's not an outfit your average 30-year-old man usually wears for a race through Vancouver — funky tube socks, wrist warmers and green underwear as a hat.

But Murray Allan wasn't running in your average race.

Saturday was the third annual Underwear Affair, a run/walk that raises money and awareness about "below the waist" cancers.

Murray was diagnosed with testicular cancer in September and said he wanted to "give something back to the research community."

"It was very much a party atmosphere," said Murray, who was one of about 1,000 people participating in the event, which raised $610,000. Allan raised $12,640.

"I felt overdressed. There were people in G-strings (and) a group of young guys wearing nothing but a beer can covering their tackle."

Below the waist

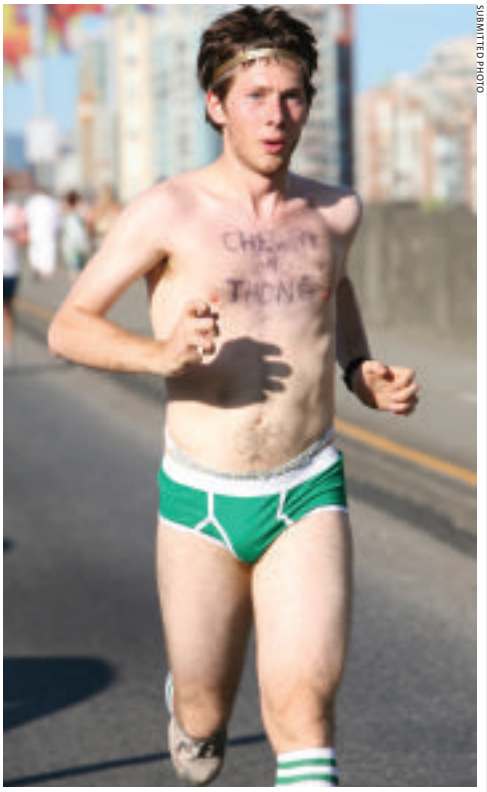
- Below the waist cancers represent close to 40 per cent of all cancers.
- In 2006, 7,570 British Columbians were diagnosed with cancer below the waist.
- Colorectal cancer is the third most common cancer in men and women and the second most common cause of death from cancer.

"I never thought as a young healthy man (cancer) could happen to me," he said. "The cancers that the Underwear Affair is targeting … are not talked about. There's still an embarrassment associated with them."

He said it's important to check your pride and get yourself checked out.

Nick Locke, with the B.C. Cancer Foundation, said he was surprised — and pleased — to see so many young people at the event.

"I think that's extremely important because people tend to look at cancer as an old person's disease, but the prevalence of cancer in younger people is starting to grow."


SUBMITTED PHOTO

A participant in the third annual Underwear Affair in Vancouver on Saturday.

Prayers mark man's year in sanctuary

ANDREW KING
for Metro Vancouver

PARALYZED Supporters of Laibar Singh held prayer sessions this weekend to mark his year spent in sanctuary to avoid government deportation orders.

Spokesperson Harsha Walia said that hundreds visited the Abbotsford temple yesterday and dismissed reports that support for the paralyzed refugee claimant from India had declined.

"I think like anything else sometimes support dwindles and sometimes support strengthens but undoubtedly there is a base of support that still exists," she said.

Walia said Singh is committed to winning his right to remain in the country, despite suffering emotional stress and being wheelchair- and bed-ridden.

"Sanctuary is a hard thing to maintain," she said. "It requires a lot of commitment, a lot of daily commitment that isn't often visible to many people."

She attributes Singh's perseverance to a strong network of emotional support and said that despite a difficult year of intense scrutiny he has still availed himself of sanctuary.

"If you actually think he could go back he would not be sitting in a room being unable to move and live in anything but fear and anxiety."

Share your thoughts »
vancouverletters@metronews.ca

Stem cell drive draws 260 possible donors

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Carolyn Tam

Carolyn Tam is 260 steps closer to finding a much-needed stem cell match after a drive was held in Richmond yesterday screening possible candidates for a bone marrow transplant that would save her life.

The stem cell drive, which provided on-site testing to see if volunteers were compatible with Carolyn, was held at Canadian Martyrs Catholic Church.

It was the third drive put on by Vancouver friends and family of the Toronto woman, who has been battling leukemia for two years and desperately needs a bone marrow transplant, ideally from a Chinese donor.

There are only about 500,000 Chinese Canadians who are currently registered as donors.

Susana Junk, a childhood friend who helped organize the drive, said even if those 260 people aren't a match for her friend, they will be in the blood donor registry and could be compatible with another person in need of a donor.

"This is not just for Carolyn, it's for everybody," she said.

"The major thing we want people to do is register with Canadian Blood Services."

News in brief

DEATHS A couple was killed in a hit-and-run in Surrey on their way home from celebrating their son's engagement. Their son — who was driving his sister's red BMW — survived with a concussion and several cuts. The sister is in hospital with a broken jaw, pelvis and internal injuries. They were hit by two men in an Acura on Saturday morning, Surrey RCMP said.

MODEL The 18-year-old man accused of killing a model from Saltspring Island in Shanghai has confessed, police in China said. According to CBC News online, Chen Jun said that he had intended to rob Diana O'Brien but killed her when she resisted.

CAUGHT Suspect No. 9 on the RCMP's list of Top 10 car thieves has been nabbed, CBC News Online reports. Officers arrested Jason Daniel Marshall in Burnaby, who has 19 convictions since 1999.

CRUELTY A pit bull is recovering from third degree burns after being soaked in gasoline and set on fire, CBC News Online reports. On July 2, Tigger went missing from his owner's home in Trail. The pit bull was found two hours later in a neighbour's backyard suffering from severe burns.

* Some conditions apply.

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Cadman lawsuit
Recently revealed court documents say that a former FBI scientist, who was payed for by Stephen Harper in his Cadman lawsuit against the Liberal party, has found that an audio tape at the centre of the legal action was not doctored. METRO CANADA

Canada

Natynczyk optimistic

The new head of Canada's military, Gen. Walter Natynczyk, left, has wrapped up a visit to Afghanistan and offered a positive assessment of the mission, despite contrasting sharply with statistics on increased insurgent attacks and the opinions of allies.

Olympic scrutiny in Ottawa

Amnesty International protests Beijing Games

TRACEY TONG
Metro Canada

Under normal circumstances, Ottawa's Michael Bossin would be excited for the upcoming summer Olympic Games.

But the ongoing human rights situation in China has turned anticipation to disappointment, said the Amnesty International member.

"I had hoped the Olympics in China would improve the situation of human rights in the country, but by all accounts, things are worse.

It was a great opportunity for China to show its best side, but sadly, I think the opportunity has been lost."

TRACEY TONG/METRO CANADA

Amnesty International supporter Lindsay Mossman shouts protests over a megaphone near Ottawa's Chinese embassy yesterday.

Dozens of Amnesty supporters protested at Ottawa's Chinese Embassy yesterday to mark the seven-year anniversary of Beijing winning the 2008 Olympic Games.

"We want to … remind the Chinese government of their promise to improve human rights if they got the Olympics," said Lindsay Mossman, with Amnesty in Ottawa.

There were 6,000 executions in China last year, claimed Ian Heide, a volunteer with Amnesty in Ottawa.

Human rights advocates also protest the repression of activists, who are often detained for speaking out.

"The athletes work so hard and they are so dedicated and we respect and support them," said Amnesty supporter Lee Seymour. "But I can't see how it wouldn't put a damper on the games."

Nova Scotia finally settles decades old Crown dispute

PAYMENTS It was a good day for Nova Scotians yesterday. Rumours about an estimated $850 million in Crown share adjustment payments to the province were confirmed.

Premier Rodney MacDonald and Nova Scotia MP Peter MacKay announced the long-awaited Crown share panel results on the Halifax waterfront to cheers and standing ovations and MacKay said the value of the payments will be even more than expected: $867 million.

Ninety-two per cent of the money will go toward the province's $12.4 billion debt, while the remainder will be invested in trust accounts funding university infrastructure.

METRO CANADA

News in brief

PROTEST The nearly 200 flight attendants who will be laid off in November when Air Canada closes its Halifax base are holding a rally at the airport today. They claim Air Canada unfairly asked for an exemption under the labour code in dealing with massive layoffs. They have said they plan to protest the cuts but won't delay flights.

FIRST NATIONS The number of aboriginal police officers working in their own communities is plummeting. Despite attempts by the government and local officials to recruit over the last 10 years, just 55 per cent of officers serving native communities are aboriginal. That is down from 77 per cent in 1996. METRO CANADA

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HOMESENSE

Schwarzenegger blasts Bush's climate record
California Gov. Arnold Schwarzenegger said yesterday the Bush administration did not believe it should do anything about global warming and that any last-minute action before leaving office would be "bogus." REUTERS

World

Snow dies at 53

U.S. President George W. Bush's former press secretary Tony Snow, left, known for his genial jousting with reporters, has died of cancer, the White House said on the weekend. Snow, 53, who had been a conservative radio and television commentator, left the post as Bush's spokesman in September 2007 after taking the job the previous year. REUTERS

Iranian threats grow

Ahmadinejad vows to strike down enemies

Iran's president said his country would strike its enemies before they managed to fire a shot, media reported yesterday, part of an escalating war of words on its nuclear ambitions fuelling Middle East tensions.

President Mahmoud Ahmadinejad echoed comments by other Iranian officials and commanders that Iran's response to any attack over its disputed nuclear program would be quick.

"Before the enemies get their hands on the trigger the armed forces will cut off their hands," the official IRNA news agency quoted Ahmadinejad as telling reporters.

A senior Iranian official was quoted as saying on Saturday that Iran would destroy Israel and 32 U.S. military bases in the Middle East if the Islamic Republic was attacked.

The United States has refused to rule out military action if diplomacy fails to resolve the nuclear row. Washington says Tehran is seeking nuclear arms, a charge Iran denies, saying its aim is to generate electricity.

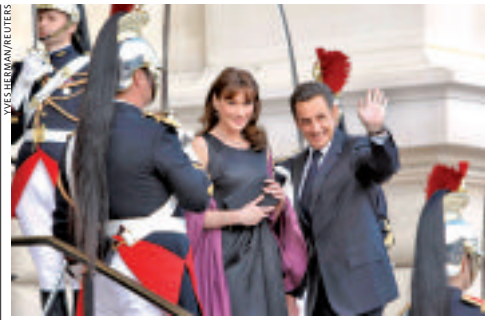
Israel, long assumed to have nuclear arms, has sworn to prevent Iran from attaining atomic weapons. An Israeli air force drill last month raised speculation it was planning an attack.

Iranian missile tests this week further stoked tension. Fears of military confrontation between Iran and Israel have helped to send global oil prices to record highs.

Oil exports from the whole Gulf region would be at risk if Iran's exports were hindered by any threat, Iran's OPEC governor Mohammad Ali Khatibi told Reuters yesterday. REUTERS

Russian investment

The head of Russian gas company Gazprom was in Iran yesterday looking for new business opportunities after French oil major Total froze investment in a major Iranian field citing political risk.



YVES HERMAN/REUTERS

France's President Nicolas Sarkozy and his wife Carla Bruni arrive for a dinner during a EU-Mediterranean summit in Paris yesterday.

Mediterranean states meet

COOPERATION Leaders from Europe, North Africa and the Middle East launched a 43-nation Union for the Mediterranean yesterday, pledging practical cooperation among erstwhile enemies on water, energy and education.

Urging Mediterranean states to emulate Europe's model of reconciliation and cooperation, French President Nicolas Sarkozy said the birth of the new organization that was his brainchild on taking office last year was "a dream come true."

The ceremonial inaugural summit in Paris sealed a new detente between Syria and Europe, with the Syrian and Israeli leaders sitting at the same table for the first time. REUTERS

Alaska

Volcano erupts in Aleutian chain

ASH A volcano in Alaska's Aleutian chain erupted Saturday, sending a cloud of ash 35,000 feet into the air and prompting the evacuation of the 10 people who live on the eastern side of the island, officials said. REUTERS

News in brief

AUSTRALIA Pope Benedict arrived in Australia yesterday for an international Catholic youth festival and promised to apologize for a sexual abuse scandal that has rocked the church in the country.

AFGHANISTAN Insurgents killed nine U.S. soldiers in an assault on an Afghan army and NATO outpost in northeastern Afghanistan yesterday. REUTERS

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Full-time jobs tumble

Statistics Canada reported Friday a sharp drop in full-time positions in June as some 39,200 jobs were slashed. The creation of 34,200 part-time jobs helped offset those losses, hiking the unemployment rate to 6.2 per cent. **TORSTAR NEWS SERVICES**

Business

Pre-buy gas site created

Miami-based MyGallons, created last month to give drivers a chance to pre-buy gasoline at a fixed rate, is "in preliminary talks" to take it to six countries — including Canada, says Steve Verona, founder of the gasoline-hedging company. TORSTAR NEWS SERVICE

News in brief

IPHONE The Canadian launch of the iPhone arrived amid hype and a few hiccups. A spokesperson for Rogers Communications said they had run into computer-system issues because of "unprecedented" demand. **TORSTAR NEWS SERVICE**

RUMOURS U.S. securities regulators warned yesterday they are boosting efforts to stop false rumours that threaten financial institutions, after a week of steep slides in shares of Fannie Mae, Freddie Mac and Lehman Brothers. **REUTERS**

BMO changes mortgage rules

FIRST Bank of Montreal said Friday it will stop offering 40-year mortgages and insist on at least 5 per cent down payment, making it one of the first of Canada's big banks to act on planned changes to federal mortgage-insurance rules. The bank said it will still process applications that were already submitted for longer amortization periods or lower downpayments. **REUTERS**

Bombardier launches jet

Mirabel to build new CSeries

Bombardier launched a new 110-130 seat passenger jet, the CSeries, yesterday in a Canadian bid to challenge industry giants Airbus and Boeing.

Announcing the long-awaited launch on the eve of the Farnborough Air Show in Britain, the Montreal-based company said it had selected Mirabel near Montreal as the site to assemble the planes, which will enter service in 2013. Mirabel had been competing with Kansas City, Missouri.

Its wings will be built in Belfast, Northern Ireland, and the fuselage in China through a deal with the AVIC I state aviation company to invest $400 million in a new factory.

German airline Lufthansa has provisionally ordered 30 planes with an option for 30 more.

The CSeries will sell for $46.7 million each.

The five-abreast CSeries will compete with the smaller version of the single-aisle Boeing 737 and Airbus A320 families.

Besides Airbus and Boeing models, the CSeries will compete with the ERJ195 made by Brazil's Embraer. **REUTERS**

India **Soaring prices hit growth**

RUPAK DE CHOWDHURI/REUTERS

A labourer arranges pineapples at a wholesale fruit market in the northeastern Indian city of Siliguri. India's headline inflation rate will stay in double digits until December, and soaring prices are expected to lower economic growth slightly this fiscal year, an adviser to the finance minister has said.

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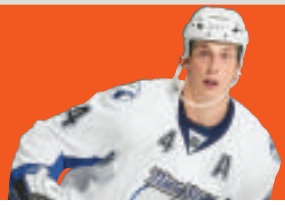
NBA
The Washington Wizards re-signed star guard Gilbert Arenas yesterday. Terms were not disclosed but the Washington Post reports that Arenas agreed to a six-year, $111-million US contract with the club. METRO NEWS SERVICES

Sports



Bolts lock up Lecavalier

The Tampa Bay Lightning signed forward Vincent Lecavalier to an 11-year contract extension, the club announced yesterday. TSN.ca reports the deal is worth $85 million US. The first overall pick of the 1998 draft, Lecavalier holds the franchise record in goals (273), points (602) and games played (710).

Rays limp into All-Star break

Tampa drops seventh game in a row to give up AL East lead to Boston

The reeling Tampa Bay Rays lost their seventh successive game and their lead in the American League East with a 5-2 loss to the Cleveland Indians yesterday.

AARON JOSEFCZYK/REUTERS

Indians baserunner Ryan Garko hangs on to second base after avoiding a tag from Tampa Bay Rays infielder Ben Zorbist in the eighth inning of their game yesterday in Cleveland.

The Rays now trail the Boston Red Sox by half a game in the division heading into the All-Star break.

The Rays seven-game slide comes straight after a seven-game winning streak put them five games ahead of Boston.

"We totally massacred our seven-game winning streak," Tampa Bay manager Joe Maddon told reporters. "We have to do a better job on the road.

"This is six losses in a row on the road. We just have to do a better job on the road. We're two different teams."

Tampa is 36-14 at home and 19-25 on the road.

Maddon said he would not panic, though his young team appeared to be feeling the pressure of their unexpected success this season. Tampa Bay won just 66 games in 2007.

"I do feel good about that group," he said. "I will always feel good about that group."

Scott Kazmir gave up five runs on eight hits over six innings and took the loss, as the Indians won their fourth successive game.

Five Cleveland pitchers held the Rays to just three hits, with Tom Mastny getting the win.

Boston took over first place with a 2-1 win over the Baltimore Orioles, as Daisuke Matsuzaka pitched six shutout innings. REUTERS

Morneau fills out homer derby field

MLB Minnesota Twins first baseman Justin Morneau has accepted an invitation to be the eighth and final participant in tonight's All-Star Home Run Derby at Yankee Stadium.

Morneau

Morneau, a native of New Westminster, B.C., also participated in the Derby last season, and is the final American League entrant. Texas' Josh Hamilton, Tampa Bay's Evan Longoria and Cleveland's Grady Sizemore will also participate for the AL.

Houston's Lance Berkman, Milwaukee's Ryan Braun, Florida's Dan Uggla and Philadelphia's Chase Utley are the National League entrants. METRO NEWS SERVICES

SCOREBOARD

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	PCT	GB
Boston	57	40	.588	—
Tampa Bay	55	39	.585	½
N.Y. Yankees	50	45	.526	6
Toronto	47	48	.495	9
Baltimore	45	48	.484	10

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Sox	54	40	.574	—
Minnesota	53	42	.558	1½
Detroit	47	47	.500	7
Kansas City	43	53	.448	12
Cleveland	41	53	.436	13

WEST DIVISION

	W	L	PCT	GB
L.A. Angels	57	38	.600	—
Oakland	51	44	.537	6
Texas	50	46	.521	7½
Seattle	37	58	.389	20

NATIONAL LEAGUE

EAST DIVISION

	W	L	PCT	GB
Philadelphia	52	44	.542	—
N.Y. Mets	51	44	.537	½
Florida	50	45	.526	1½
Atlanta	45	50	.474	6½
Washington	36	60	.375	16

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Cubs	57	38	.600	—
St. Louis	53	43	.552	4½
Milwaukee	52	43	.547	5
Cincinnati	46	50	.479	11½
Pittsburgh	44	50	.468	12½
Houston	44	51	.463	13

WEST DIVISION

	W	L	PCT	GB
Arizona	47	48	.495	—
L.A. Dodgers	46	49	.484	1
San Francisco	40	55	.421	7
Colorado	39	57	.406	8½
San Diego	37	58	.389	10

YESTERDAY'S RESULTS

AMERICAN LEAGUE
Boston 2 Baltimore 1
Cleveland 5 Tampa Bay 2
Detroit 4 Minnesota 2
L.A. Angels 4 Oakland 3
Seattle 4 Kansas City 3
Texas 12 Chicago White Sox 11
Toronto 4 N.Y. Yankees 1

NATIONAL LEAGUE
Atlanta 12 San Diego 3
Houston 5 Washington 0
L.A. Dodgers 9 Florida 1
Milwaukee 3 Cincinnati 2
N.Y. Mets 7 Colorado 0
Philadelphia 6 Arizona 3
San Francisco 4 Chicago Cubs 2
St. Louis 11 Pittsburgh 6

TONIGHT
All-Star Home Run Derby, 5

TOMORROW'S GAME
All-Star Game (at New York)
National League vs. American League, 5

WEDNESDAY
No games scheduled

CFL

WEST DIVISION

	W	L	T	GB
Saskatchewan	3	0	0	6
Edmonton	2	1	0	4
Calgary	2	1	0	4
B.C.	1	2	0	2

EAST DIVISION

	W	L	T	PTS
Montreal	2	1	0	4
Hamilton	1	2	0	2
Toronto	1	2	0	2
Winnipeg	0	3	0	0

WEEK 3

SATURDAY'S RESULT
Saskatchewan 33 Hamilton 28

FRIDAY'S RESULT
B.C. 42 Winnipeg 24

THURSDAY'S RESULTS
Calgary 23 Montreal 19
Edmonton 47 Toronto 28

SOCCER

GAMES FEATURING THE VANCOUVER WHITECAPS' MEN'S TEAM:

LAST NIGHT'S RESULT
VANCOUVER 1 Carolina 1

BASEBALL

NORTHWEST LEAGUE GAMES FEATURING THE VANCOUVER CANADIANS:

LAST NIGHT'S RESULT
Spokane at VANCOUVER

TODAY'S GAME
VANCOUVER at Salem-Keiser, 6:35

Perry keeps cool for third win

American Kenny Perry won a three-way playoff to win the John Deere Classic at Silvis, Ill., yesterday and claim his third win in his last five PGA events.

Perry went into the final hole with a one-shot lead but made a hash of a chip to the green and bogeyed the 18th to leave him in a three-way play-off with Brad Adamonis and Jay Williamson.

The 47-year-old Perry kept his cool in the play-off, making a par while his two rivals found water and bogeyed.

"I felt like I gave it away and they gave it back to me. But I fought hard, produced key shots at the right time. That was a great win for me," said Perry.

Williamson's finish was enough to earn him an invitation to next week's British Open.

Perry

Organizers of the John Deere Classic, in order to attract the best possible field, had organized a chartered plane to take players directly to Manchester to prepare for the Open.

Perry has already decided not to play the tournament, which starts at Royal Birkdale on Thursday and confirmed after yesterday's play he would not change his mind and would play instead in the Milwaukee Championship next week.

Perry, who focused his entire season on the Ryder Cup and was reluctant to change plans, has now risen to second in the FedEx Cup standings after adding to his victories at the Memorial Tournament and the Buick Open.

Perry's victory equals his previous best season, in 2003 when he also picked up three tournament wins.

"It's just my time. I don't why it is happening but things are just going my way," said Perry. REUTERS

Sports in brief

WHITECAPS The Vancouver Whitecaps, despite being down 1-0 late in the game, managed a tie with the Carolina Railhawks last night at Swangard Stadium. Carolina capitalized on a 'Caps defensive lapse in the 74th minute to take a 1-0 lead. But, Vancouver striker, Eduardo Sebrango converted a Martin Nash cross less than a minute later to earn the home team a point.

CYCLING Italian Riccardo Ricco paraded his climbing skills with a stunning attack on the first mountain test of the Tour de France yesterday to claim his second stage victory. Kim Kirchen of Luxembourg retains the overall leader's yellow jersey, six seconds ahead of Australian Cadel Evans. METRO NEWS SERVICES

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Athletics
Jamaican sprinter Asafa Powell's Olympic preparations suffered a slight setback on Friday when he pulled up in his heat of the 100 metres at Rome's Golden Gala event with a groin strain. The injury is reportedly not serious. REUTERS

Beijing Games

Chambers wins, awaits verdict

ATHLETICS Dwain Chambers achieved the first stage in his bid to run at the Beijing Olympics when he won the 100 metres final at the British trials on Saturday and must now await a legal ruling on his eligibility.

Chambers will find out on Wednesday if his lawyers have secured a temporary injunction against his lifetime ban which would make him eligible for the Olympics.

REUTERS

Tomorrow's lineup

KEEPING QUIET If you're waiting for one of Canada's Olympians to take a stand on China's human-rights record, don't hold your breath. Read tomorrow's Metro for more.

24 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

Team shoots for gold

Soccer players prep for their first appearance at Games

JEFF HODSON
jeff.hodson@metronews.ca

While members of Canada's women's soccer team say they're thrilled to be one of 12 teams taking part in the world's largest sporting event, their aspirations don't end with just participating.

"We want to win gold," said Christine Sinclair, 25, of Burnaby. "We know that we can beat any team in the world if we play well."

Canada, which is ranked ninth in the world in women's soccer, is making its first appearance at the Games since women's soccer was included in 1996.

Head coach Even Pellerud said the team, most of whom have been in a national program residency in Vancouver for the past two years, have been steadily gearing up for tournament since qualifying April 12 with a victory over Mexico.

The team, he added, has played 18 or 19 international matches since January.

"You can train and train and train as much as you want," said Pellerud. "But if you cannot test it against the best teams in the world, you really are without answers."

Recently, Canada finished runner-up to the U.S., the top-ranked team in the world, at the 2008 Peace Queen Cup in Korea. Canada lost the hard-fought match 1-0, with the only goal coming in extra time.

From left: Kara Lang, Amy Walsh and Robyn Gayle race for the ball during a team practice in North Vancouver last week.

The team, Pellerud said, has been to China a handful of times over the past couple of years to prepare for Beijing's notoriously poor air quality.

The trips allowed coaches to see how different players reacted to the pollution and which players may need inhalers.

Canada is in Group A and plays Argentina (ranked 27), China (ranked 14) and Sweden (ranked 3).

"All of a sudden it's really close," said Kara Lang, 21, of Oakville, Ont. "There's an excitement in the air and a different level of intensity as it gets closer.

"It's something I've dreamed about since I was a little girl," she says. "For any athlete, it's the ultimate dream."

The team tied Brazil 1-1 in a friendly Thursday at BMO Field in Toronto prior to heading to Singapore to get acclimatized to the heat before the Olympics.

PHOTOS BY JEFF HODSON/METRO CANADA

Melissa Tancredi, left, and Emily Zurrer fight for the ball.

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Canada

Justice has a new name in B.C.
The Justice Institute of B.C. is renaming a new building after philanthropist Dr. Donald Rix, who had made a $1-million donation to the school. The Dr. Donald Rix Public Safety Simulation Building provides simulation training to justice and public professionals. METRO

Workology

Easing up

Simon Fraser University is joining the University of Victoria in easing provincial exam requirements for admissions. Students applying to SFU for the 2009-2010 academic year will need to pass just the Grade 12 English test, aside from obtaining a high school diploma. METRO

Best friends bring business into mix

RAFAEL BRUSILOW
for Metro Canada

Television producers Connie Contardi and Jocelyn Mercer are proof positive that sometimes best friends make the best business partners.

The two ambitious 28-year-olds, who just hit the big time with their reality show Mr. Friday premiering on the Slice network this month, finish each other's sentences and share plenty of hearty guffaws in the production office of their company, CJ Mercon Productions. Mercer explains the key to staying grounded is keeping sight of the bigger picture.

"No matter what we go through as partners, we do it because we want to, not because we have to," Mercer said.

Contardi and Mercer both agree having similar tastes goes a long way to making it easy to work together.

"Nine out of 10 times we're creatively on the same page — we tend to gravitate towards the same ideas and concepts," Contardi said.

Laughing at the same jokes or enjoying the same movies creates a powerful connection that carries over to their work, Contardi says. For Mercer, that's one advantage friends have in the work environment — they are already inclined to work well together.

"We both really respect each other and trust each other so we find a way to work it out. At the end of the day the most important thing to us is our friendship," Mercer said.

RAFAEL BRUSILOW/FOR METRO CANADA

Jocelyn Mercer, left, with Connie Contardi, right, are best friends and business partners, and it paid off with Mr. Friday.

"We both really respect each other and trust each other so we find a way to work it out. At the end of the day the most important thing to us is our friendship."
Jocelyn Mercer

Appropriately, their show Mr. Friday was born out of friendship as well. Derek Friday, the star of the reality show about a rich kid who trades lives with working-class people for a day, is a long-time friend of Mercer's. She got the idea for the show by seeing Friday's glamorous life as a model and trust-fund baby living off his parents' considerable wealth. When his mother threatened to take away Friday's fortune unless he took pains to learn the value of honest, hard work, Mercer knew she and Contardi had a killer premise for a show. Contardi describes it as "a cooler, hipper Dirty Jobs" with an uplifting turn since while Friday gets down and dirty in jobs at the zoo, a kickboxing gym or cleaning ditches, the lucky "swapee" gets pampered in luxury for a day.

Slice ordered 13 episodes for the series and the show's production was made possible by a partnership with experienced production house Temple Street Productions. Now Contardi and Mercer are already hungrily pursuing new show ideas. Their brainstorm sessions benefit from the zany sense of humour they share.

"We love to have fun and act like we're 10. We're both very impatient and driven and we like to think big." Mercer said.

Mercer and Contardi also say being able to pursue a career alongside a best friend is its own reward.

"To get to share the success you've had with somebody you love is really what life is all about," Mercer said.

married to work

Both Jocelyn Mercer and Connie Contardi admit they spend almost every waking moment working and coming up with new ideas — they even bought each other symbolic engagement rings since they're so "married" to their work.

Advice for students: Go for it, when you have the inspiration

ADVICE Stretching every dollar is a way of life for most students, but when Derek Szeto was in university he turned that necessary frugality into a business. Inspired by his own need to save money, he created *RedFlagDeals.com*, a website that highlights the best deals and coupons around Canada. What started as a hobby is now one of the largest websites in Canada with over a million visitors every month.

When Szeto graduated, he had an important decision to make: running *RedFlagDeals.com* full time or join the workforce. Szeto says the decision was easy, "If I hadn't given it a shot, I think I would have regretted it the rest of my life."

RedFlagDeals.com has since going exponentially. Szeto offers the following advice for budding student entrepreneurs: "When you're in university, you're surrounded by new ideas and people from every walk of life. Absorb it all and take advantage of everything around you."

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University to build child-care centre
The University of Lethbridge will begin constructing a much-needed on-campus day-care centre this fall. The centre will be a one-floor facility adjacent to the university's family housing complex, acommodating up to 54 children. METRO

Travel agent says it's 'in my blood'

Founder caters company to 'road warrior' clientele

ANDREW KING
for Metro Canada

Planning a dream vacation isn't easy. Knowing where to stay, what to visit and choosing what airline to fly should be left in the hands of an expert, according to one travel professional.

Claudia Mason is the president of Mason Horvath, a Vancouver travel company that caters to a clientele that seeks personalized luxury travel and vacations or people she likes to refer to as "road warriors."

"Travel is in my blood, always has been," said Mason, who grew up watching her father travel the world as the vice-president of a paper company. "I got the bug early on. I went to Europe when I was 20 years old and travelled solo."

After nearly 10 years working for Flight Centre travel and many more years in the hospitality industry, Mason and business partner Dean Horvath decided it was time to fill the niche of high-end travel when they ventured into business last May.

"There is a gaping hole in the market place of people who need attention to detail in their travel arrangements," said Mason, who added she does not want her company to be all things to all people, but instead provide a unique experience for each client.

From purchasing theatre tickets half way across the world to arranging the shipment of a bicycle to the south of France so a client could participate in a bike tour, Mason has done it all. However, one trip topped the rest when a client wanted to book a trip on one of the world's most famous and exclusive cruise lines.

"The most memorable thus far has been a week on the Queen Mary," said Mason. "Being able to help that client with all of their itinerary from their spa treatment to dinner reservations in port … took about took two-and-a-half months from the inception to the final documents."

As company president, Mason works with key clients and is heavily involved with business development to come up with the best ways to accommodate client's requests.

"I love it. I get to talk to people all day," she said, adding that she feels a lot less stress now than she did before opening the business.

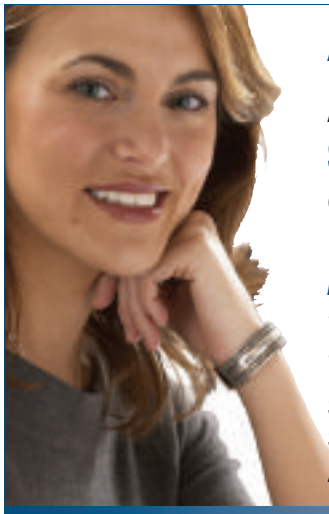
Mason's company currently has 13 full-time staff and is continuing to grow every month.

"We've been blessed, we've been very lucky that the reception from the market place has been overwhelming," said Mason of the company's success.

Claudia Mason

For Mason, there is only one direction the company can go in.

"The sky's the limit," she said. "It's really important that we are innovative, that we're on the cutting edge of passionate travel and involved with people."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With the increasing use of BlackBerrys to work remotely from home, many businesses may see their overtime funds dwindling away.

Hours to prompt work spats

Should an employee get paid for reading a BlackBerry at the dinner table, sending an office e-mail or posting a job-related blog at home?

A spat at ABC News over paying writers to check their BlackBerries on their own time recently raised the issue, and such a dispute marks the leading edge of a deluge of unresolved and potentially heated cases to come, experts say.

The growing technical ability to work remotely, combined the growth of work-related legal disputes, is raising "lots of smaller-scope issues of this kind," said John Thompson, an expert in wage and hour law at Fisher & Phillips in Atlanta.

"We've never seen anything like it. Just the question of what is work and what isn't is a practically endless question," he said. "It is going to drive to the surface all kinds of issues that nobody's ever thought of before."

At ABC, under a long-standing contract waiver, writers who sporadically checked their BlackBerries after hours did not incur time-and-a-half overtime pay.

The union, the Writers Guild of America, East, challenged the waiver when three new writers were hired, and the company responded by taking away all writers' BlackBerries, ABC said.

The waiver was quickly reinstated, said Jeffrey Schneider, senior vice-president of ABC News.

"We're glad to be back to the status quo where people can still check their BlackBerries without incurring time-and-a-half overtime, which turns very quickly into a very big bill for a news division like ours," he said.

"We absolutely want to compensate people for overtime that they work, but that does not cover simply checking your e-mail," he added. REUTERS

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Snoop Walks The Line
Snoop Dogg is reportedly reworking Johnny Cash's track I Walk The Line. Cash's son, John Carter Cash, is producing a covers album of his father's songs. **ANANOVA.COM**

Entertainment

Fancy pants
Former Spice Girl Victoria Beckham's plans to launch a men's line of her jeans collection have been put on hold after retailers were unwilling to stock it. **THE DAILY MAIL**

The case against Bush

True crime author argues U.S. president can be charged with murder

After having three of his books reach No. 1 on the New York Times best-sellers list, Vincent Bugliosi was dismayed his latest received a virtual "blackout" from the mainstream media.

That's because The Prosecution Of George W. Bush For Murder lays out the legal case — citing evidence and establishing the jurisdiction of U.S. prosecutors — to seek an indictment against America's 43rd chief executive for the deaths of more than 4,000 U.S. soldiers in Iraq.

Bugliosi, whose 11 books include true crime stories Helter Skelter and Outrage, said the usual routine once a new book was released has been to fly to New York for a host of national television interviews.

"For this one, I did not go to New York City because not one single national television or cable show would have me on. It was a total, complete blackout. My publicist said that in her over 30 years in the business, she had never seen a book blacked out like this before," Bugliosi, 73, said in an interview.

ABC Radio even turned down his publisher's effort to buy time on the network. Worse, his publisher couldn't find a U.S. company willing to produce an audio version of the book.

When filmmaker David Burke sought to do a documentary based on the book, not a single U.S. investor could be found. It was left to Jim Shaban, an entrepreneur in Windsor, Ont., to bankroll the project, which is nearing completion.

Peter Miller, Bugliosi's long-time literary manager and executive producer of the documentary, said the difficulty in finding a publisher and the subsequent reaction by the mainstream media should never have happened, considering that Bugliosi is among the most famous former prosecutors in the U.S. "He's not just some left-wing nut. But there were a lot of publishers who were just plain scared of it," Miller said.

Vanguard Press publisher Roger Cooper said he expected some reluctance from the media when it was released six months ago, because of the book's "controversial" nature.

Despite the lack of coverage, The Prosecution of George W. Bush for Murder has been on the Times best-sellers list for the past five weeks. But Cooper said it only got there through unconventional means — a word-of-mouth "grassroots" campaign, an Internet advertising effort by Vanguard and Bugliosi's pugnacious determination.

"Without any television or national radio coverage, the book managed to climb up the best-sellers list and be talked about in a `viral' way that I think is one of the new ways that we have to look at publishing books," Cooper said.

A story in The New York Times last week about the book's poor reception finally prompted CNN and MSNBC to talk to Bugliosi.

Bugliosi said he means every word of his carefully researched tome and hopes a U.S. prosecutor will have the courage to seek an indictment when Bush he leaves office next year. "It's certainly the most powerful, explosive true-crime book I've ever written. It's identical to every other true-crime book I've ever written, in that I present the evidence, plus the applicable law, to prove my point," Bugliosi said.

TORSTAR NEWS SERVICE

GETTY IMAGES FILE

In his latest book, author Vincent Bugliosi makes a legal case for the prosecution of U.S. President George W. Bush.

"My publicist said that in her over 30 years in the business, she had never seen a book blacked out like this before."
Vincent Bugliosi

Legal case for prosecution

The Prosecution of George W. Bush for Murder lays out the legal case to seek an indictment against America's 43rd chief executive for the deaths of more than 4,000 U.S. soldiers in Iraq.

Box office

The top 10 films at the North American box office for the weekend beginning July 11:

1. **Hellboy II: The Golden Army:** $35.9 million US
2. **Hancock:** $33 million
3. **Journey to the Center of the Earth:** $20.6 million
4. **WALL-E:** $18.5 million
5. **Wanted:** $11.6 million
6. **Get Smart:** $7.1 million
7. **Meet Dave:** $5.3 million
8. **Kung Fu Panda:** $4.3 million
9. **Kit Kittredge: An American Girl:** $2.4 million
10. **Indiana Jones and the Kingdom of the Crystal Skull:** $2.3 million

Hellboy II is No.1 at the box office

REUTERS

Work underway on sequel to Sex And The City movie

FILM After months of idle talk, HBO has confirmed that a sequel to the Sex And The City movie is in the early stages of development, ew.com reports.

The news comes as no surprise, considering the first spin-off from the series has earned $146 million US since it debuted in theaters at the end of May.

Michael Lombardo, president of HBO's programming group, told a group of reporters at the cable network's annual press tour in Los Angeles yesterday, "We're really heartened by the fans' enthusiasm. Absolutely, there is a lot of energy behind doing another SATC movie."

METRO NEWS SERVICES

Sex And The City has made $146 million US since May.

spin-off

Priestley denies return to 90210

PEOPLE Jason Priestley has refuted reports he will be returning to Beverly Hills, 90210 in the new spin-off series, imdb.com reports.

Filming is currently underway to bring the show back to small screens, with stars Jennie Garth and Tori Spelling reprising their original roles.

But Priestley, who played Brandon Walsh in the series, insists he has declined offers from network CW to appear in the new show.

METRO NEWS SERVICES

ZERO DEGREES
OF SEPARATION
between you and the red carpet
YOU COULD
WIN THE ULTIMATE
BEHIND-THE-SCENES
EXPERIENCE AT ET CANADA FESTIVAL CENTRAL
To enter visit GlobalTV.com/degree
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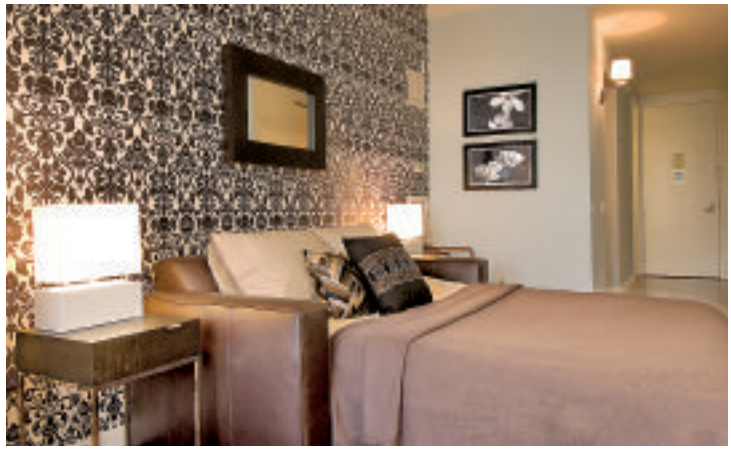
Degree. It Won't Let You Down.
No purchase necessary. Open to Canadian residents over the age of majority from July 14 at 10:00 am - 10:00 am EDT on August 12, 2008. Limit one (1) entry per email address per day and one (1) additional bonus entry per day. One Grand Prize trip to Toronto APV of $8000. Skill testing question must be answered correctly. Odds of being selected depend on the number of eligible entries received. See www.GlobalTV.com/degree for full contest details.

Singer Katy Perry has defended her beau, Gym Class Heroes front man Travis McCoy, who was arrested recently for third-degree assault after allegedly striking an audience member in the head with his mike. "There are definitely two sides to every story and you always have to take (that) into account," Perry said. **USMAGAZINE.COM**

Substance behind wallpaper style

InteriorDivine



Wallpaper is available in a multitude of looks and textures.

Last week, in our two part paint and paper guide, we covered paint so, by clever deduction, that means this week we're focussing on wallpaper. Constantly heralded as "on the way back," we're going to focus less on what's hot and what's not, and turn our attentions instead to paper types.

Lining Paper:

Comes in several gauges, and is an effective way to even bumpy surfaces. The thicker the paper the more problems it will conceal. Designed to be painted or papered over with your final choice of finish.

Vinyl and vinyl backed:

Great for kitchens and bathrooms as both are washable and water-resistant.

Paintable plain wallpaper:

Comes in a variety of imprinted textures and, again, great for covering irregular walls. Can be painted to suit your scheme.

Foils:

These are available in a variety of choices (from retro to modern) and, due to their construction are often water resistant.

Flocked wallpaper:

While interesting, these are subject to fashion flux and also hard to clean. Good in low traffic areas where they'll attract less dust. We tend to limit applications to 'accent walls'. Tip: Pick out a background colour (or a softer tone thereof) for other walls.

Wood chip:

Torture to remove, so be warned! Dated and really only good to cover especially rough surfaces.

Relief:

Press printed with a raised pattern and available in loads of designs. Some have their own colour scheme while others are designed to be painted. Easy to hang and will disguise surface imperfections due to "raised" nature.

Colin & Justin's The Home Show airs Tuesdays at 9 p.m., Saturdays at 7 p.m. and Sundays at 2 p.m. ET on HGTV. www.hgtv.ca

top 10 wallpaper tips

1. Think twice and buy once! Head to your supplier and sign out pattern books to see how each paper looks.
2. Get tooled up! Assemble sharp scissors, plumb 'drop cord', a pasting table, a large brush and sponges to wipe down after each strip has been hung.
3. Small floral designs, from our experience, date more quickly so exercise caution when choosing.
4. Be careful with outsized designs and motifs — these are best in generous spaces. Bigger repeats can shrink smaller spaces.
5. Stripe strife! Many rooms aren't completely square, so striped paper may not line up with doors and trim. Use a spirit level to analyse your room and adjust paper accordingly.
6. For hallways and high traffic zones, opt for patterned washable wallpaper to disguise finger prints and scuffs.
7. Look for 'paste the wall' papers. As the name suggests, adhesive is applied directly to the wall as opposed to the paper. Cuts out lots of work!
8. While hanging, rub a lightly dampened sponge across paper to remove surplus adhesive that would otherwise detract from finished results.
9. To ensure you don't run out, overbuy and — with prior agreement — return unopened rolls.
10. Buy paper with the same 'batch number' to ensure shading is identical throughout your project.

McKellen reveals past death threats

SPEAKING OUT Lord of the Rings star Sir Ian McKellen says he has received death threats in the past because of his sexuality, BBC News Online reports.

Speaking on the BBC's Andrew Marr Show, the actor, who came out in 1988, said the number of threats had "declined considerably" in recent years.

"I think I've become rather boring to the public at large on this particular issue," he said.

Sir Ian is supporting gay US bishop Gene Robinson, who has been excluded from an Anglican Church convention.

METRO NEWS SERVICES

Spike Lee steps up to Broadway

THEATRE U.S. director Spike Lee is planning to make a film of the award-winning Broadway musical Passing Strange, BBC News Online reports.

Lee, known for movies such as Malcolm X and Do the Right Thing, will film the production on July 19, along with two more performances without audiences. The musical then ends its run in New York the next day.

METRO NEWS SERVICES

The complete stems of Mariah Carey's I'll Be Lovin' U Long Time will be made available to an online community.

Mariah's single up for remix in online contest

MUSIC Professionals and amateurs alike will have the chance to remix the third single from Mariah Carey's platinum-plus album E=MC2 via a contest hosted on a startup social network Web site for musicians, Billboard has learned.

Starting July 15, the complete stems of I'll Be Lovin' U Long Time, from Carey's Island release, will be made available to the members of Indaba Music, an online community for aspiring and established producers and artists.

"Mariah is the queen of the remix," manager Mark Sudack says, citing the pop star's work with dance producers like David Morales – for whom she resang the vocals of 1993's Dreamlover – and Junior Vasquez, as well as hip-hop greats like Sean "Diddy" Combs, DJ Clue, Ol' Dirty Bastard and the Lox.

"This contest is a way for her to continue being a pioneer in the remix world, potentially finding a new sound, a new power, a new energy in the online space," Sudack says, "as opposed to just the go-to producers of the moment."

REUTERS

how it works

The contest involves elements of fan voting, user-generated content and social networking.

Casting TNT has added Scott Bakula, right, to the cast of Men Of A Certain Age. Joining Ray Romano and Andre Braugher in the drama pilot about three old college buddies, Bakula will play Terry Elliott, an actor dating a much younger woman. TVGUIDE.COM

DVDs to carry anti-smoking ads

FILM INDUSTRY Six major Hollywood film studios agreed on Friday to place anti-smoking ads on new movie DVDs targeted to children in a bid to counter the influence of tobacco use on screen. The studios joined forces with California health authorities in what was called an unprecedented agreement to protect children from the risks of smoking.

Under the deal, Sony Pictures, Universal Studios, Warner Bros., Paramount Pictures, Walt Disney Studios and Twentieth Century Fox will include anti-smoking advertisements in the opening minutes of DVDs of all new movies with smoking scenes that are rated G, PG and PG-13.

Those ratings are used to designate a film as being aimed primarily at kids. The anti-smoking commercials, produced by California's Tobacco Control Program, also will be targeted at children. The ad will first be seen on the Sony DVD of 21 — a PG-13 drama about a casino scam. REUTERS

In brief

ARRESTED Josh Brolin was arrested on Saturday after a bar brawl in Louisiana, imdb.com reports. The actor was on a break from shooting his role as George W. Bush for Oliver Stone's upcoming biopic W, when he allegedly got involved in a bar fight. According to The Shreveport Times, the actor, as well as W co-star Jeffrey Wright, were arrested for trying to impede police who were splitting up the brawl. The pair received misdemeanour charges for interfering with police, reports Usweekly.com. METRO NEWS SERVICES

going out

7 p.m. Arizonan punk band Jimmy Eat World performs live. At Croatian Cultural Centre, 3250 Commercial Dr. Tix: $28.50/35. *croatiancentre.com*.

9 p.m. DJs SupaFly and Feroz spin Top 40, mash-up and R&B. At Tonic Nightclub, 919 Granville St. Tix: $20. Info: *thetonicclub.com*.

9 p.m. DJs Kaboom, Snak, Fatt Matt and Tachichi play hip hop. At Lamplighter Public House, 92 Water St. Tix: $5. Info: *thelamplighter.ca*.

9:30 p.m. Soul-rock artists King Khan and The Shrines Psychedelic. At The Red Room, 398 Richards St. Tix: $14. *redroomonrichards.com*.

10 p.m. DJs Physik, Lefty and Sense spinning Top 40, hip hop and R&B. At Citrus Club, 20299 Industrial Ave. Tix: $10. Info: 604-530-8888.

Grey's Dr. Stevens on life support?

IntelleVision

Rick McGinnis

rick.mcginnis@metronews.ca

IN CRITICAL CONDITION: Nothing perks up ratings — at least for a week or two, usually timed to coincide with sweeps week – than a death in the family. After her very public protest about the quality of the scripts she's been getting on Grey's Anatomy — manifested by taking herself out of the running for an Emmy nomination — Katherine Heigl has apparently put herself on life support, according to an E! Online story.

"It's not good there," a source told the E! reporter, talking about the Grey's Anatomy set. "Shonda is pissed. They're thinking of killing her off. They want Izzie dead."

Grey's creator Shonda Rhimes is, we're meant to understand, miffed about Heigl's protest, and is considering the exit of Dr. Isobel "Izzie" Stevens, her character, possibly during an outbreak of Ebola at Seattle Grace, or in a tragic blender accident.

Heigl's career has migrated from the small to the large screen with movies like Knocked Up and 27 Dresses, so it's not unfair to imagine that her Emmy rebuff was simply a calculated attempt to slip the bonds of whatever contract she might have with Rhimes and Grey's producers.

Tellingly, the E! story dutifully reported the sort of ritual exchange that inevitably suggest that the gears are grinding away while pretending otherwise:

"A rep for Rhimes said, 'I haven't heard anything about that.' Reps for Heigl and ABC declined to comment."

In Hollywood, if someone declines to comment about you, it means you should start packing — or running.

HB-WOE: HBO was the network that made quality cable, but that's two whole seasons and a hundred cultural years in the past, so it's about time for the network to make some concrete moves toward redemption before they're choking in the dust that FX, Showtime and AMC — AMC! Who could have seen that in an age before Mad Men? — is kicking up as they tear across the TV salt flats.

Actress Katherine Heigl plays Dr. Isobel "Izzie" Stevens in Grey's Anatomy.

A Hollywood Reporter story last week announced three new shows from the network — Treme, a drama set in post-Katrina New Orleans from The Wires David Simon and Eric Overmeyer, The Washingtonienne, a comedy based on a recent sex scandal in the U.S. capitol to be executive produced by Sarah Jessica Parker, and a drama set in '20s Atlantic City from Martin Scorsese and Sopranos writer Terrence Winter.

The network also confirmed that — act shocked — the proposed pair of Deadwood movies aren't happening, but they'd be — OK, make the "duh" face here — real happy to see a Sopranos movie or a Sex And The City 2.

And while we're at it, can celery taste like barbecue chips and puppies stay little forever?

Rick McGinnis writes about music, movies, books and television, but not opera.

primetime 7/14/08

Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
251	308	3	CBC	Coronation St.	Countdown to	How Do-Maria	City Chase (N)	The Border "Family Values"		CBC News: The National (N)		(:05) The Hour
255	358	6	CH	E! News	The Insider	My Boys	How I Met	Nashville Star (CC)		X-Weighted "Naomi" (CC)		News (N)
254	-	8	M	Law & Order: SVU		Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		The Simpsons
250	321	9	CTV	eTalk (CC)	Degrassi	Canadian Idol Top 10 perform. (CC)			Robson Arms	CSI: Miami "Kill Switch"		News (N)
-	-	10	OMNI	According-Jim	George Lopez	Coach (CC)	Growing Pains	Darling Buds of May		The Daily	Diya (CC)	New Day
252	336	11	GTV	Entertainment	ET Canada	Bones (PA) (CC)		House "Ugly" (PA) (CC)		Risk Takers "Bounty Hunters"		News (N)
256	389	12	VI	Degrassi	Friends (CC)	Big Bang Th	30 Rock	Two/Half Men	Big Bang Th	Comedy Now (CC)		News (N)
253	359	13	CITY	Wheel-Fortune	Jeopardy! (N)	American Gladiators (N)		Mole		The Mole (N) (CC)		Reviews
-	-	14	CW	'70s Show	'70s Show	Gossip Girl "School Lies"		One Tree Hill "Hundred"		Seinfeld	Seinfeld	Frasier (CC)
289	381	15	CBS	Entertainment	The Insider	Big Bang Th	How I Met	Two/Half Men	Big Bang Th	CSI: Miami "Kill Switch"		News (N)
287	379	16	NBC	Evening Mag.	Inside Edition	American Gladiators (N)		Nashville Star (CC)		Dateline NBC (N) (CC)		News (N)
602	568	19	W	Will & Grace	Friends (CC)	How Clean	House	Confidential	Divine Design	How Clean	Kim	House
288	380	21	ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelor (N) (CC)		Mole		The Mole (N) (CC)		News (N)
-	-	23	KVOS	M*A*S*H	Scrubs (CC)	Punch-Drunk Love ★★★ (2002) Adam Sandler.				Cheers (CC)	Scrubs (CC)	Seinfeld
291	383	27	PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		History Detectives (N) (CC)		The War of the World (N)		Churchill
290	382	28	FOX	Two/Half Men	Two/Half Men	Bones (PA) (CC)		House "Ugly" (PA) (CC)		News (N) (CC)		Family Guy
-	364	28	PBS	Churchill "The Last Prize"		Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
296	654	34	SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	Entertainment	The Insider	Paid Program
298	653	35	TLA	Two/Half Men	Two/Half Men	Gossip Girl "School Lies"		One Tree Hill "Hundred"		KTLA Prime News (CC)		Friends (CC)
295	651	36	WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	Sex and-City	Friends (CC)	Will & Grace	Will & Grace	My Wife-Kids
297	652	37	WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	Frasier (CC)	George Lopez	Odd Couple
199	311	76	STR	News (N)	News		Late Show-Letterman		(:37) Nashville Star (Taped)		Late Late Show	
502	390	23	NW	The Fastest Man		CBC News: The National (N)		CBC News: The National		The Fastest Man		National
500	500	43	CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
407	419	22	RSP	MLB Baseball 2008 State Farm Home Run Derby. From Yankee Stadium in the Bronx, N.Y.						Sportsnet Connected (Live)		Sportsnet
400	400	30	TSN	SportsCentre (Live) (CC)			Off the Record	Golf 2008 TELUS Skins Game -- Day 1.				SportsCentre
411	457	49	OLN	Cycling		Departures (CC)		Cycling Tour de France Stage 10. From Pau to Hautacam, France.				
410	403	54	SCR	WWE Monday Night Raw		(:15) Stump the Schwab		WWE Monday Night Raw (CC)				Score Update
417	406	55	SC	Barrett-Jackson		Pinks	Pass Time	This Week in NASCAR		101 Cars	Car Crazy	Auctions
416	409	144	GLF	Fútbol Alemán: Equipos SA		Gol TV News		Ole: La Liga		Gol TV News		Gol TV News
552	543	25	YTV	Malcolm-Mid.	Prank Patrol	King of the Camp (2008) Justin Stadnyk, Luc Forgeron.				Falcon Beach (CC)		Mystery Hnt.
555	545	50	TEL	George	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	Batman Beyond: Return of the Joker ★★★		
557	541	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
553	546	56	TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	The Bittles	Comfy Couch
268	354	5	KNO	Leading Edge	Wild at Heart	Treeshoe: Powell River Story		Dragon Sons, Phoenix		Rage (CC)		Nature
575	583	20	CMT	Home Imp.	Roseanne	Dedicated		Reba (CC)	Hope & Faith	Home Imp.	Roseanne	Ed (CC)
570	580	24	MM	PunchMuch		MuchTopTens Top 10. (CC)		Punk'd (CC)	Instant Star	Video on Trial	Video on Trial	Spotlight
600	564	29	H&G	Location, Location, Location		Holmes on Homes (CC)		Design U	Home to Stay	Property	House	Location, Loc.
615	520	31	A&E	Psychic Kids: Paranormal		Paranormal	Paranormal	Intervention "Jason" (CC)		Intervention "Marie" (CC)		Psychic Kids
628	584	42	SPKE	CSI: Crime Scene Invstgtn.		MANswers	MANswers	CSI: Crime Scene Invstgtn.		Star Trek: Voyager (CC)		Deep Space 9
521	560	44	TLC	Take Home Nanny		Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Take Home Nanny		Little People
616	522	48	SHO	ReGenesis "Resurrection"		Cold Squad "Nancy Seniuk"		Trailer Park	Billable Hours	Damages (CC)		(:05) House
620	523	40	BVO	Drumline (CC)	Chimeras	Law & Order "Pro Se" (CC)		Without a Trace (CC)		Entourage	(:45) Beautiful People ★★★	
601	562	41	SLC	The Millionaire Matchmaker		End of Leash	Spoiled	Wedding SOS	Party Mamas	The Millionaire Matchmaker		Trading Sp
520	505	42	DIS	Dirty Jobs "Billboard Installer"		Daily Planet (CC)		Really Big Things		Dirty Jobs "Billboard Installer"		MythBusters
522	506	44	HIS	NCIS "Bikini Wax" (CC)		M.O.D. X-Files (CC)		Fire in the Sky ★★ (1993, Drama) D.B. Sweeney, Robert Patrick. (CC)				
627	528	45	SPC	(6:00) Taken "Acid Test"		Stargate SG-1 "Orpheus"		Star Trek: Voyager "Lineage"		Star Trek: Enterprise (CC)		Star Trek Gen.
294	650	47	TBS	Name Is Earl	Name Is Earl	Bill Engvall	Sex and-City	Sex and-City	Shanghai Knights ★★★ (2003) (PA) Jackie Chan. (CC)			
619	525	48	TROP	Deal or No Deal Canada		ET Canada	What	X-Weighted "Jill" (CC)		Are You Smarter		Deal-No Deal
603	561	52	FN	Kitchen Nightmares (CC)		Restaurant Makeover (CC)		Iron Chef America (CC)		Good Eats	Perfection	Nightmares
626	547	57	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Jon Dore	Tom Green	Daily Show
320	621	60	CEN	Stargate Atlantis (CC)		Dragon Wars ★ (2007) Jason Behr. Premiere.		Eastern Promises ★★★ (2007) Naomi Watts				Hunting Prty
581	566	101	MTV	(6:00) Return to Fat Camp		MTV Live	Second Half	Return to Fat Camp Five campers hope to change their lives.				MTV Live
261	394	102	V	Divine Restor.	Recreat. Eden	Doc "Family Matters" (CC)		McLeod's Daughters (CC)		Prime Minister	Wait for God	Paid Program
-	-	105	MUL	The Land	Daughters	Doctor Song Lian Sheng		Marimar		GMA Telesine Night		Patrol World

critics' corner

Bones

Oh, look, here's our yearbook, a pair of prom tickets and ... a dead body! Former high-school classmates reunite to unearth a time capsule they buried 20 years ago and are horrified to find another member of the class in there. The investigation has Brennan (Emily Deschanel) and her team reliving their own high-school years in "The Boy in the Time Capsule." 8 PM on GTV FOX

How I Met Your Mother

The premise of this episode is just plain depressing. Ted's first date with Robin doesn't go well because he's too uptight, so he decides to throw a party so she can see him in a more relaxed setting. First of all, how relaxed can you be when it's your party? Secondly, how pathetic is it to keep the party going for three days in the vain hope that the guest you really want to see will show up? If you're like most of us, you've done enough pathetic things in the name of love to have no desire to watch someone else go through it. 8:30 PM on CBS CH

Couplings The Rolling Stones' Ronnie Wood has reportedly run off with an 18-year-old cocktail waitress he met at an escort bar three months ago. Ekaterina Ivanova is said to be telling friends she is linked to the 61-year-old guitarist and falling in love. TMZ.COM

Celebrity Buzz

Jolie good: It's boy, girl

TWINS Brad Pitt was at Angelina Jolie's side as she gave birth to a son and daughter Saturday at La Fondation Lenval hospital in Nice, France, People has confirmed.

"The babies are doing well. The operation went just perfectly," Dr. Michael Sussmann told People yesterday. "Angelina is in very good spirits. Brad Pitt was at her side. He was there and all was well." Sussmann confirmed the Nice Matin newspaper report that Jolie gave birth to a boy, Knox Leon, and a girl, Vivienne Marcheline, by caesarean section on Saturday night. Knox weighed 5.03 lbs, and Vivienne 5 lbs. The twins are the fifth and sixth children for Jolie, 33, and partner Brad Pitt, 44, who are already parents to Maddox, 6; Pax, 4; Zahara, 3; and Shiloh, 2. "The mother and father are very, very happy," Sussmann said.

He said that the caesarean was moved forward "for medical reasons" so that the babies could be born "in the best conditions." He also said Jolie is expected to stay in the hospital for a few days.

METRO NEWS SERVICES

T.O. reunion for A-Rod, daughter

VISIT Alex Rodriguez, who was in Toronto with the Yankees for a three-game weekend set against the Blue Jays, was reunited with his wife Cynthia (right) and his older daughter Natasha on Friday, where the trio dined at a downtown steakhouse. Last week, Cynthia Rodriguez filed for divorce amid rumours of an affair between Alex and Madonna. "Alex and Cynthia are going through really difficult times," A-Rod's attorney Alan Kluger tells Us magazine. "All of their decisions are going to be based upon what's in the best interest of their daughters."

A source told Usmagazine.com that the couple's other child, 11-week-old Ella, stayed home with an ear infection.

"It's not a great idea for [Ella] to fly," says the source. "But the older daughter was in Toronto with him this weekend. She flew there with her mom."

Cynthia Rodriguez told the New York Post Thursday that her family is "devastated" by their split.

METRO NEWS SERVICES

'I'm over it': Ifans on Sienna Miller

BREAKUP Actor Rhys Ifans is ready to move on with his life after splitting from Sienna Miller. He tells Britain's The People newspaper, "I've forgotten about Sienna, trust me. F**k Sienna, I'm over it. I'm having a great time. I won't be going for any more wrong 'uns (ones) though.

METRO NEWS SERVICES

celebrity brief

Roberts to guest star on 24 alongside ex?

TELEVISION She left him at the altar in 1991 and took up with his best friend Jason Patric, but according to starmagazine.com, Julia Roberts is finally making it up to Kiefer Sutherland — by making a rare TV appearance on his hit show 24.

Amid rumours that this season may be superagent Jack Bauer's last, Sutherland wants to go out with a bang by nabbing big stars like Roberts, says an insider.

The ex-lovers have remained in touch despite their history. Says the insider, "I wouldn't say they're BFFs, but they are friends."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Alba didn't like pregnancy weight

MOTHERHOOD In the August U.K. edition of Cosmopolitan, Jessica Alba gets real about her pregnancy, admitting that she didn't exactly love the weight gain that came with it. "I never felt less sexy," Jessica tells the magazine. "I mean, I wouldn't have changed it for the world ... but I wanted to get rid of all the weight."

Alba gave birth to daughter Honor Marie last month.

METRO NEWS SERVICES

celebrity brief

Keys frontrunner for Bond theme

SOUNDTRACK Alicia Keys is being eyed as the frontrunner to sing the title track for the new James Bond movie Quantum of Solace. According to E! News,

Alicia faced some stiff competition, including Beyoncé, Duran Duran and Annie Lennox. Nothing's official yet, but a source tells E!, "I believe Alicia is the winner."

The next 007 feature is headed for theatres in November.

METRO NEWS SERVICES

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11 Lower Mainland locations
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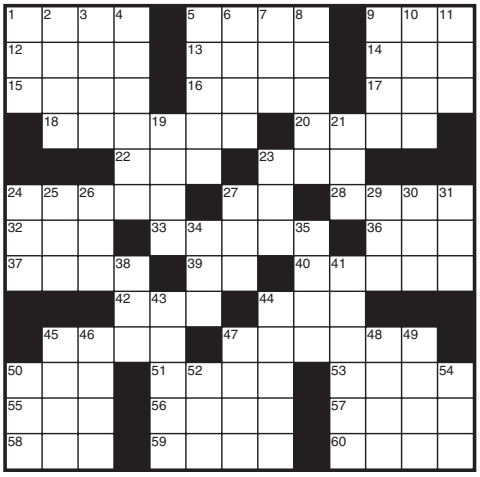
Jeanne lost 18 lbs in her first 6 weeks
Before

Generous Tipping Actor Martin Lawrence, right, left a $120 US tip at Musashi Japanese restaurant in Simi Valley, Calif., after dining there with two other guests and drawing a bill of $140. TMZ.COM

Take Five



Crossword across

1 Auction shout
5 Outfitted
9 You can — that again!
12 Kind of molding
13 Office assistant
14 Ostrich cousin
15 Spill the beans
16 Yield, as territory
17 Fine (hyph.)
18 Memorable times
20 Brunette
22 No, to a lassie
23 Lisper's problem
24 Bubbletops
27 Librarian's warning
28 Camel feature
32 Mouths, in zoology
33 Bank job
36 Ms. Farrow of films
37 Young horse
39 Chicago Cubs org.
40 Got the news
42 — take forever!
44 Jaunty cap
45 Marina sight
47 Pineapple source
50 Average
51 Four quarters
53 Run in neutral
55 "Exodus" hero
56 Roman poet
57 Sly glance
58 Trail behind
59 Not any
60 Get smart with

Crossword down

1 Express grief
2 Gawk at
3 Vault
4 Prepare fish, in a way
5 Secret store
6 Is situated
7 Do arithmetic
8 Legal papers
9 Char
10 Out of control
11 — it up (have some laughs)
19 Hard money
21 Pale blond
23 Codgers' queries
24 MD, familiarly
25 Incan treasure
26 "Bien" opposite
27 RSVP word
29 Emma in The Avengers
30 Old space station
31 Waterlily leaf
34 Draw to a close
35 Warm spell in winter
38 — Maria
41 PC messages (hyph.)
43 Author of The Other
44 Overdue
45 Ms. Teasdale
46 Stuffed shirt
47 All mammals have it
48 Game plan
49 Seine vistas
50 Friend
52 A Gabor sister
54 Pause fillers

950,000
Metro readers do it daily!
metro
Do it daily.
SOURCE: NADbank 2007, read yesterday; BASE: Montreal CMA, Ottawa-Gatineau CMA, Toronto CMA, Vancouver CMA

previous day's answer

G	E	M		V	A	T	S		R	I	C	K
I	V	Y		A	F	R	O		O	B	I	E
V	I	N		S	T	O	P		P	E	T	E
E	L	A	P	S	E	D		P	I	X	E	L
			E	A	R		B	O	N			
P	E	A	R	L		L	O	D	G	E	R	S
A	P	R			B	U	D			L	A	O
H	A	N	D	B	A	G		B	U	F	F	S
			Y	E	T		A	I	R			
T	B	O	N	E		E	X	C	L	A	I	M
R	E	B	A		E	L	I	E		B	O	A
I	T	E	M		S	L	O	P		I	T	S
M	A	Y	O		C	A	M	S		T	A	T

WORDY GURDY

metro is available at your neighbourhood Blenz.
Read, relax and enjoy!
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This day in history

JULY 14, 1223: Louis VIII becomes King of France upon the death of his father, Philip II of France.
JULY 14, 1798: The Sedition Act becomes United States law making it a federal crime to write, publish, or utter false or malicious statements about the United States government.
JULY 14, 1933: Gleichschaltung: In Germany, all political parties are outlawed except the Nazi Party.
JULY 14, 1965: Mariner 4 flyby of Mars takes the first close-up photos of another planet.
JULY 14, 1969: The United States $500, $1,000, $5,000 and $10,000 bills are officially withdrawn from circulation.

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A fantasy about love will cause gloomy dreams. You'll be picking up the pieces after a magical experience. Someone is acting frenzied.

TAURUS
APRIL 21-MAY 21
As soon as you let go, plans will take shape. Political talk causes a quarrel. Someone makes a heartfelt confession.

GEMINI
MAY 22-JUNE 21
Use your mind to find independence. Weather conditions cause a conflict. A breathtaking lesson is learned.

CANCER
JUNE 22-JULY 22
A protester ridicules shrewdness. Be good-natured even with a grouch. You'll benefit from casting off your inhibitions.

LEO
JULY 23-AUG 23
Someone is pretending that all is well. You must ignore an appalling deed. A man comes in handy when a problem arises.

VIRGO
AUG 24-SEPT 22
Running wild dispels tedium. An elder makes accusations. Nobody wants to help out a sad person, except you.

LIBRA
SEPT 23-OCT 23
You'll find a pattern amidst chaos. You'll overhear someone's rowdy plans. There'll be dreams about wrongdoing.

SCORPIO
OCT 24- NOV 22
Ignore the failures of the past. Try harder to please yourself. Someone is playing around with double-talk.

SAGITTARIUS
NOV 23- DEC 21
A dreadful drama is discovered by a hypocrite. A conflict over a miscalculation ends well. Don't fret about a crook.

CAPRICORN
DEC 22-JAN 20
You can excite someone by making a call. The cause of a disturbance is exposed. Astonishing messages are due to arrive.

AQUARIUS
JAN 21-FEB 18
Everything will work out for the best. The good life will get better. You'll witness a quick withdrawal after an arrogant remark.

PISCES
FEB 19-MAR 20
Gossip comes and goes while meaning nothing. Stick to the facts just for a laugh. Prepare for work to compete with romance.

			8	9		1	7	6
				4			2	5
		9				4		
9			1				8	
		2				3		
	8				2			7
		7				5		
5	6			1				
4	1	8		2	3			

Sudoku

INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

3	1	9	5	6	7	2	8	4
5	4	2	8	9	3	7	1	6
7	6	8	4	1	2	5	9	3
1	8	3	7	4	6	9	2	5
2	9	5	3	8	1	6	4	7
4	7	6	9	2	5	8	3	1
6	3	1	2	7	9	4	5	8
8	2	7	1	5	4	3	6	9
9	5	4	6	3	8	1	7	2

SOLVE TIME IN MINUTES:
Under 13 . . . . . Genius
13-17 . . . . . Scholar
17-21 . . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practicing

Vancouver weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Tuesday	Wednesday	Thursday
Sunny. 23°	Clear. Low 13°	Sunny. 20°/ 13°	Partly cloudy. 21°/ 13°	Sunny. 20°/ 12°

Temperature
Normals
High: 22°
Low: 13°

Records
High: 27.8°/1949
Low: 10°/1954

Sunrise: 5:23 a.m.
Sunset: 9:13 p.m.
Moonset: 1:42 a.m.
Moonrise: 7:09 p.m.

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Fall Winter Spring Pollen
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